

July 1<sup>st</sup>, 2019

Dear Hand surgeon, Dear colleague,

The Foundation for Hand Surgery is a non-profit European organization, independent, without industrial support or conflict of interest. The status of the foundation based in Geneva can be consulted on the website [www.foundation-handsurgery.org](http://www.foundation-handsurgery.org).

Its aim is to offer additional training opportunities for hand surgeons at all stages of their professional training, from the early years to the final stages of perfecting their already acquired technical skills. Many invited experts from Europe are part of the education training program.

The sessions are taking place in **Geneva** at the Swiss Foundation for Innovation and Training in Surgery (SFITS - Geneva University Hospital).

Here are the themes and dates of the next three courses (detailed programs are available below):

❖ **Base of the thumb: conservative surgery - 13<sup>th</sup> September 2019**

❖ **The distal radio-ulnar joint - 18<sup>th</sup> October 2019**

❖ **Finger, carpal and wrist joint fusion - 8<sup>th</sup> November 2019**

**Applicants participating in the training will be able to register on the dedicated website:** <https://www.foundation-handsurgery.org/overview/>

The Foundation for Hand Surgery solely relies on donations and sponsorships. To this end, please note that **each registration will need to be confirmed by a donation to the Foundation for Hand Surgery** (minimum amount is 350 euros).

You can find more information about the donation process on our website: <https://www.foundation-handsurgery.org/donate/>

We hope to see you and share our experiences.

Best regards,

Grégoire Chick, Gilles Dautel, Philippe Bellemère, Bruno Lussiez, Alain Tchurukdichian

**Scientific Board**

G. Chick (CH)  
G. Dautel (FR)  
P. Bellemère (FR)  
B. Lussiez (MC)  
A. Tchurukdichian (FR)

**Scientific Committee**

M. Ceruso (IT)  
A. Ferreres (SP)  
M. Garcia-Elias (SP)  
E. Hagert (SE)  
M. I. Winge (NO)  
D. Herren (CH)

**Contact**

info@foundation-handsurgery.org

**FHS Practical Training Program - September 13, 2019 – SFITS (Geneva)**

## **Base of the thumb: conservative surgery**

Massimo Ceruso, Jean Goubau, Gürsel Leblebicioglu,  
Etienne Rapp, Alain Tchurukdichian

### **Scientific Board**

G. Chick (CH)  
G. Dautel (FR)  
P. Bellemère (FR)  
B. Lussiez (MC)  
A. Tchurukdichian (FR)

### **Scientific Committee**

M. Ceruso (IT)  
A. Ferreres (SP)  
M. Garcia-Elias (SP)  
E. Hagert (SE)  
M. I. Winge (NO)  
D. Herren (CH)

### **Contact**

info@foundation-  
handsurgery.org

07:30 Welcome

07:45 Introduction

08:00 **Thumb carpometacarpal joint innervation**

08:15 **CMC joint denervation**

09:45 Coffee break

10:00 **The Unstable thumb carpometacarpal joint**

10:15 **Ligament stabilization**

12:00 **First metacarpal/Trapezium osteotomy**

13:30 Lunch on site

14:15 **Osteoarthritis of the base of the thumb**

14:30 **Thumb carpometacarpal resection arthroplasty**

16:00 **Tight rope ligamentoplasty**

16:45 Closing remarks

### **Cadaver lab:**

20 participants, 5 fully equipped stations, 2 surgeons per forearm.  
Each session will be introduced with a short PowerPoint presentation.  
Each demonstration, session and practical exercise will last 30 and 45 min,  
respectively.

**FHS Practical Training Program - October 18, 2019 – SFITS (Geneva)**

## **The distal radio-ulnar joint**

Grégoire Chick, Daniel Herren, Diego Fernandez, Angel Ferreres

### **Scientific Board**

G. Chick (CH)  
G. Dautel (FR)  
P. Bellemère (FR)  
B. Lussiez (MC)  
A. Tchurukdichian (FR)

### **Scientific Committee**

M. Ceruso (IT)  
A. Ferreres (SP)  
M. Garcia-Elias (SP)  
E. Hagert (SE)  
M. I. Winge (NO)  
D. Herren

### **Contact**

info@foundation-  
handsurgery.org

- 07:30 Welcome
- 08:00 Introduction
- 08:15 **Normal Anatomy of the DRUJ**
- 08:30 **Anatomical dissection of the ulnar sided wrist**
- 09:00 **Distal radio-ulnar instability**
- 09:15 **Distal radio-ulnar ligament reconstruction**
- 10:30 Coffee break
- 11:00 **Ulnar impingement syndrome**
- 11:15 **Ulnar shortening osteotomy**
- 12:00 Lunch on site
- 13:00 **Destruction of the distal radio-ulnar joint: surgical options**
- 13:15 **Sauvé-Kapandji procedure**
- 14:45 **Ulnar head replacement**
- 16:15 Closing remarks

### **Cadaver lab:**

40 participants, 20 fully equipped stations, 2 surgeons per forearm.  
Each session will be introduced with a short PowerPoint presentation.  
Each demonstration session and practical exercises will last 30 and 45 min, respectively.

**FHS Practical Training Program – November 8, 2019 – SFITS (Geneva)**

## **Finger, carpal and wrist joint fusion**

Philippe Bellemère, Àngel Ferreres

### **Scientific Board**

G. Chick (CH)  
G. Dautel (FR)  
P. Bellemère (FR)  
B. Lussiez (MC)  
A. Tchurukdichian (FR)

### **Scientific Committee**

M. Ceruso (IT)  
A. Ferreres (SP)  
M. Garcia-Elias (SP)  
E. Hagert (SE)  
M. I. Winge (NO)  
D. Herren (CH)

### **Contact**

info@foundation-  
handsurgery.org

|       |   |
|-------|---|
| 07:30 | Welcome   |
| 08:00 | Introduction  |
| 08:05 | <b>Technical principles and material used for joint fusion</b>  |
| 08:15 | <b>DIP Joint fusion</b>   |
| 08:30 | <b>DIP Joint fusion procedure</b>                               |
| 09:00 | <b>PIP Joint fusion</b>   |
| 09:15 | <b>PIP Joint fusion procedure</b>                               |
| 09:45 | <b>Fusion of the thumb MCP joint</b>                            |
| 10:00 | <b>Thumb MCP joint fusion procedure</b>                         |
| 10:30 | Questions   |
| 10:40 | Coffee break  |
| 10:45 | <b>Intercarpal fusion</b>                                       |
| 12:00 | <b>Four-corner-Capitolunate fusion procedures</b>               |
| 12:45 | Lunch on site   |
| 13:45 | <b>Partial and total wrist fusion</b>                           |
| 14:00 | <b>Radioscapholunate fusion – total wrist fusion procedures</b> |
| 14:45 | Questions   |
| 15:15 | Closing remarks   |

### **Cadaver lab:**

20 participants, 5 fully equipped stations, 2 surgeons per forearm.  
Each session will be introduced with a short PowerPoint presentation.  
Each demonstration session and practical exercise will last 15 and 30 min, respectively.